

# K. Stewart Day

COUNSEL  
he / him / his

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Stewart Day provides guidance on intricate corporate mergers and acquisitions, capital markets transactions and other strategic deals. His diverse clientele encompasses both public and private companies, including private equity funds investing in sectors like technology, insurance and manufacturing. Stewart also counsels physician practice management companies and other health care entities on mergers, acquisitions and governance issues. Stewart brings significant experience managing both middle market and lower middle market transactions on both buy and sell sides.

His areas of experience include:

- **Mergers & Acquisitions:** Advising buyers and sellers in transactions involving public and private companies, including in regulated sectors such as healthcare and insurance.
- **Private Equity:** Supporting private equity sponsors and their portfolio companies through acquisitions, mergers, joint ventures and restructuring.
- **Health Care Transactions:** Guiding healthcare companies and private equity funds through complex transactions across fields like hospice and senior care, specialized physician practices, pharmaceuticals and health care IT.
- **General Corporate Governance:** Working with private company leaders in general counsel matters including corporate governance, equity issuances and other corporate matters.

Stewart is known for delivering exceptional client service, with clients commending him for his skillful document drafting and practical solutions to complex issues. Prior to joining Polsinelli, Stewart practiced at a highly respected regional law firm located in Nashville.

## Education

- Duke University School of Law (J.D., *magna cum laude*, 2016)
  - Duke Law Journal, Senior Research Editor
- Duke University (B.A., *cum laude*, 2011)

## Bar Admissions

## Capabilities

- Mergers, Acquisitions & Divestitures
- Corporate & Transactional
- Private Equity - Mergers & Acquisitions

- Tennessee

## Memberships

- American Bar Association, Business Law Section
- Association for Corporate Growth, Tennessee Chapter
- American Health Law Association (AHLA)
- Duke Nashville Alumni Group, Board of Directors, 2019-2024
- Tennessee Ornithological Society

## Recognition

- Named one of *Best Lawyers: Ones to Watch® in America* in:
  - Corporate Governance and Compliance Law, 2026
  - Corporate Law, 2026
- *The M&A Advisor*, International M&A Awards Winner “Healthcare/Life Sciences Deal of the Year (Under \$100MM),” 2023
- *The M&A Advisor*, International M&A Awards Winner “Private Equity Deal of the Year (\$10MM-\$100MM),” 2022