

Holly Barrass

ASSOCIATE

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Holly Barrass supports employers in workplace investigations and employment counseling matters, helping clients navigate complex and evolving employment law issues. Clients rely on Holly to provide practical guidance that promotes compliance and reduces risk.

Holly assists with internal investigations involving allegations of workplace misconduct and advises clients on a range of employment and corporate matters, including mergers and acquisitions diligence, drafting employment agreements and separation agreements, and responding to Equal Employment Opportunity Commission charges. She works closely with clients to address regulatory requirements and develop strategies aligned with their business objectives. Her practice also includes supporting dispute and settlement resolution, compliance initiatives, preparing guidance on employment law developments, and assisting with workplace risk assessments. Clients value her responsiveness and ability to provide clear, actionable recommendations.

By focusing on practical solutions, Holly helps employers address workplace challenges efficiently while maintaining compliance with applicable laws.

Education

- University of Denver Sturm College of Law (J.D., 2025)
 - Denver Law Review, Staff Editor
- Christchurch Polytechnic Institute of Technology (B.A., 2008)
 - Adventure Recreation and Outdoor Education; Environmental Outdoor Education; Rock Climbing; Research, Policy and Planning

Bar Admissions

- Colorado

Memberships

- American Mountain Guides Association
 - Professional Member and Apprentice Rock Guide

Capabilities

- Labor & Employment
- Employment Advice & Investigations

Polsinelli at Work

March 27, 2026

Washington State Joins Growing List of States Banning Noncompetes

Key Highlights Washington to Ban Most Noncompetes: ESHB 1155 renders nearly all noncompetition agreements void and unenforceable effective June 30, 2027. The law provides an expanded definition that targets both traditional noncompetes and contractual workarounds, and it will apply to...

January 9, 2026

2026 Employment Law Updates

Effective January 1, 2026, numerous state and local government employment laws have taken effect. Below is a non-exhaustive summary of key employment law updates for January 2026. For additional insights, register for the 2026 Employment Law Developments: Key Considerations...

Publications

January 9, 2026

The Year Ahead in Employment Law

Fall 2025

Arizona v Navajo Nation: A Persistent Legacy of Broken Promises

Author, University of Denver Water Law Review